

	Mon 7/22	Tue 7/23	Wed 7/24	Thu 7/25	Fri 7/26	Sat 7/27	Sun 7/28
08:00						Meridian Kung Fu 08:15 - 12:00	
09:00							
10:00							Kangoo kid's club 09:30 - 10:30
11:00							
12:00							
13:00						Winston Creary 12:30 - 18:00	
14:00			U3A Monthly Meeting 14:00 - 16:00				
15:00	Strength & Balance 14:30 - 15:30	Yoga 14:15 - 15:30		Safe Harbour 14:30 - 16:30			
16:00							
17:00		Tai Chi 17:00 - 18:00					
18:00				Kangoo Club Fitness Classes 17:30 - 18:30			
19:00							